

*Receiving Reiki while doing restorative yoga with Nancy Marks is a very calming and nurturing process. From the moment I arrived at her wonderful home office till the moment I left, Nancy made sure that I was completely supported and surrounded during the session. Nancy has great experience and background, both in the practice of Reiki and in the practice of restorative yoga. Imagine being bolstered, literally, by bolsters for your back and head while having your arms and legs supported with folded blankets while getting an energetic Reiki healing throughout your entire body. I came to Nancy very stressed out over doing my taxes, and I left feeling very nurtured, peaceful, and healed both mentally and physically. I think one of the best things about Nancy is that she comes from her heart. ~ Lynda Light, Healing Touch & Yoga Therapist*

*I had my first session with Nancy recently and I have to say it was very relaxing. She is very easy going and calm offering a very comfortable environment for healing. She is very understanding of certain physical limitations and allows for modified poses. I felt extremely relaxed and happy after my session. I love the guided meditative aspect of her practice and how accommodating she is for me as a larger woman. During the Reiki I could feel a lot of heat coming from her hands and I saw a ton of colors with my eyes closed. It was a wonderful experience! ~ Celeste Barbier*

*Thanks to your beautiful Reiki/Restorative treatment after my surgery, I slept like a baby! Your heart-felt desire to serve, combined with intuition and experience, makes your work so thoughtful, Nancy. You anticipated my every need and wish, leaving me completely relaxed and rejuvenated afterwards. Thank you! ~ Teresa A. Lanzetta, HHP, RYT500*

*I thoroughly enjoyed my Reiki session with you, Nancy. I felt completely at peace with the world; a relaxation I have never experienced and in that peace my body, mind and spirit had the opportunity to heal. ~ Tami Von Merta, Art Wellness Teacher*

*Nancy Marks guided me in practical steps to increase sales, develop online courses, and create a more spiritually aligned business. The more I anchored my global company in spiritual manifestation principles, the more success we experienced. I highly recommend her. ~ Christine Stevens, founder, UpBeat Drum Circles, Author, Music Medicine*